

Breakfast		£	Brunch		£	Lunch		£
Served until 1130am			Served All Day			Served 12—5pm		
Overnight Oats ^{VG} with Seasonal Fruit and Seeds	3.5	Eggs Benedict Classic (Moss Valley Ham) Royale (Smoked Salmon) Florentine (Spinach)	8.5 10.5 7.5	<u>Sandwiches</u>		Falafal Patty, Slaw, Mint Yoghurt ^{VG}	6	
Ambulo Granola with Sheffield Honey and Yoghurt ^V	4	Croque Madame Crumpet Ham, Gruyere Cheese, Fried Egg	7	Fish Finger and Tartare	7.5	Mortadella, Provolone, Pickles, Mustard Mayo	7.5	
Today's Pastries ^V *Please see counter*		Shakshouka Baked Moroccan Eggs ^V	7	The Power Bowl Dressed Rice, Bulgar Wheat, Roast Veg, Greens, Pickles, Hummus, Avocado ^{VG}	9	The Nordic Bowl Smoked Salmon, Potato Salad, Pickled Cucumber, Soft Boiled Egg, Rye Crackers	9	
Sourdough Toast with Strawberry Jam ^{VG}	3.5	Kedgeree Soldiers Soft Boiled Eggs and Curry Mayo	7.5	The Vegan Bowl Slow Roast Aubergine, Tabbouleh Salad, Cashews, Fried Chickpeas ^{VG}	8	KFCC Korean Fried Chicken Crumpet, Korean BBQ Sauce, Hot Sauce, Spring Onion, Sesame, Coriander	8	
Full English Bacon, Sausage, Hash Brown, Fried Egg, Heinz Beans, Black Pudding, Toast	10	Avocado on Toast with Poached Eggs and Chilli Jam ^V	7	Ambulo Burger House Patty Mix, Bone Marrow Onions, Lettuce, Pickles, Burger Sauce	9	Chargrilled Chicken Courgette and Parmesan Salad, Oregano Pesto	11	
Homemade Crumpet with Salted Butter ^V or Nut Butter ^{VG}	3.5	<u>Add Ons</u> (Add to any order)	2.5 3.5 1.5 2.5 4 3.5	Dessert	£	Custard Tart with Seasonal Sorbet	6	
<u>Breakfast Sandwiches</u>		Kids	£	Sticky Toffee Pudding with Vanilla Ice Cream	5.5	Affogato	5	
Moss Valley Bacon	4.5	Porridge and Honey ^V PB&J Crumpet ^{VG} Soldiers and Dippy Eggs ^V Avocado on Toast ^{VG}	2.5 3 3.5 5					
Sausage Patty, Cheese and Bacon Jam	5.5	Chicken Breast, Ratatouille, Brown Rice	5					
Scrambled Egg, Cheese and Hot Sauce ^V	4	Mac and Cheese ^V	5.5					
Smoked Salmon and Cream Cheese	5.5	Fish Finger Sandwich	4					
		Pesto Pasta ^V	4.5					
		Vanilla Ice Cream	2.5					
Want to hire Ambulo for your Private Event or Party?		* * * * *						
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